

# STUDENT PLACEMENTS

Since 2019, we have successfully supported over 200 students in completing their post-secondary program requirements.

If you are attending post-secondary school and exploring placement options, consider applying to our agency!



# COMMUNITY PROGRAMS

The Elizabeth Fry Society of Peterborough

## AAKANKSHA

Community Programs  
Coordinator  
aakanksha@efryptbo.org

## REACH OUT

360 Reid St. 2nd Floor  
Peterborough, ON K9J 7G6  
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705-749-6809



## COMMUNITY PROGRAMS INCLUDE:

- Wellness Programs
- Online Programs
- Act-Out/2SLGBTQIA+ Services
- Student Education and Placement Support (STEPS)

## WELLNESS PROGRAMS

Our Wellness Programs are completed over the phone or in-person with our trained placement students

- Anger Solutions
- Healthy Relationships
- Self Esteem
- Goal Setting and Stress Management
- Truth & Integrity: Anti-Theft Program

## ONLINE PROGRAMS

- Anger Solutions
- Healthy Relationships
- Self-Esteem
- Goal Setting & Stress Management
- Truth & Integrity
- Connected Caregiving
- WeEvolve: Understanding & Being Kinder to Oneself

Our free online programs are self-led and allow you to complete programs at your own pace, day or night

To enroll in online and wellness programs, you can complete an online intake form on our website or email [Aakanksha@efryptbo.org](mailto:Aakanksha@efryptbo.org)



STUDENT EDUCATION & PLACEMENT SUPPORT

**STEPS** assists people with lived experience in attending post-secondary education by providing support, guidance, and mentorship every step of the way.

If you have been criminalized or experienced mental health issues, trauma, addiction, homelessness, poverty, and/or domestic violence and dream of using your experience to help others, our program can help you take the first step towards your post-secondary school journey