

# NEWSLETTER

December 2020

I hope they don't forget to check out our holiday office hours on pg. 3

**Happy Holidays!**



## CONTENTS

Updates

E FRY @the Market

Thank You

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## Updates

### COVID-19 Protocol: During lockdown, we will remain OPEN

Please note the changes that will occur due to the province wide lockdown beginning Dec. 26, 2020. Our office will remain OPEN but service users will NOT be permitted to enter into the office for the duration of the lockdown. All appointments and counseling services are being offered by phone remotely. In order to ensure safety, masks will be worn by staff.

There will be a staff on site Monday to Friday 12 to 4pm should any service users need to access supports over the lockdown. Harm reduction supplies are available during those times or by contacting 705-768-0792

Clients are welcome to access programming and counselling 1:1 over the phone or online via our new Learning System. We can be reached remotely at the following numbers:

E Fry office: **705-749-6809** Toll Free: **800-820-7384** Text: **705-559-0763**

### Bail Verification and Supervision Program:

Peterborough: **705-808-5680** Lindsay: **705-559-1225**

SUAP Program: **705-768-0792**

### Programs now available Online!

In response to COVID-19, we prepared to move many of our programs to an online platform to better support our clients virtually. The platform will allow clients to access and complete the program material on a flexible schedule with additional support from staff.

We are excited to announce that now all of our programs are available online!

Our programs are: Anger Solutions, Taking Control: Making Healthy Relationship Choices, Wellness & Self Esteem, Goal Setting & Stress Management, Women & Integrity: Solutions for Theft, Fraud, and Breach of Trust. I

If you would like to register for the program or if you would like more information, please email Annessa at [annessa@efryptbo.org](mailto:annessa@efryptbo.org), or call 705-749-6809.



## HOLIDAY HOURS

### *E Fry Services*

Programming and Court Support Services

**CLOSED**

**DECEMBER 24TH - JANUARY 4TH**

### *A Different Approach*

Peer Support Program

**CLOSED**

**DECEMBER 25TH**

**DROP-IN 9-4:30PM**

**DECEMBER 28TH - DECEMBER 31ST**

Support is still available 24/7 by calling 705-768-4334

If you have any questions or concerns, please call  
705-748-6809



*We would like to wish you all a safe and enjoyable holiday season!*

### Good bye and Good Luck!

We would like to send a big thank you to our Fall 2020 students; Elyssa, Jennifer, and Michelle for their amazing work during their placement.

Together, they raised over \$5000 for our agency through their online auction, market fundraising, and private donations. They have been wonderful supports for both staff and clients as we navigated changes to our programs and services.

With their placement coming to an end, we would like to wish them all the best of luck in their future careers in the helping profession. We hope that you enjoyed your placement as much as we enjoyed having you.

### Holiday Market

We were so happy to be back at the market! Thank you to all those who donated, dropped by to say 'Hi' and our volunteers who dedicated their Saturday morning!

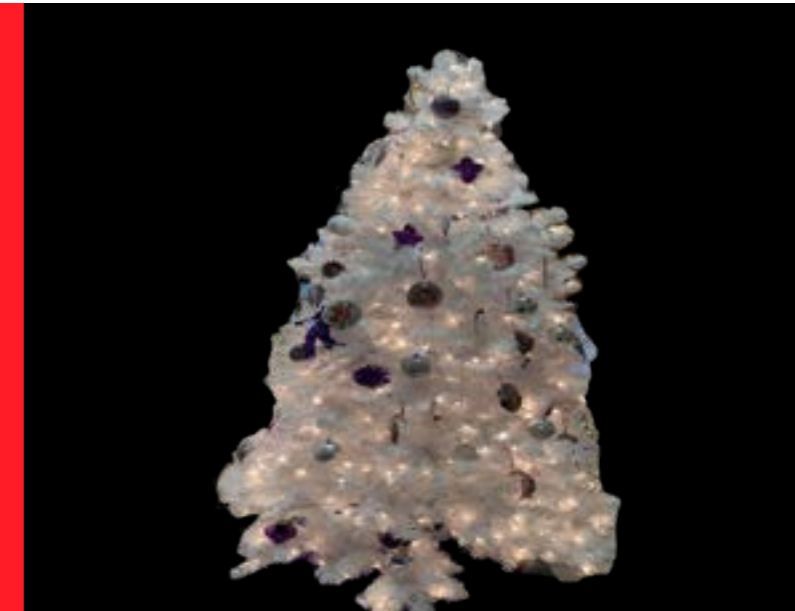


Thank you to all those who supported us with our Cheese fundraiser!  
**YOU ALL are the BIG CHEESE!**

Every year, MomsStopTheHarm and PARN-Your Community AIDS Resource Network put together a memorial for those lost to overdose or substance use in our community. This year, E FRY was invited to participate. Individuals were invited to place a bulb with a name or photo on the tree of those they have lost. Individuals were also offered free Naloxone kits and training on how to respond to an opioid overdose.



*SUAP staff onsite*



*The memorial tree to remember those who lost their lives to substance use disorders and overdose.*



*Snowglobes that were available for individuals to hang on the memorial tree*



*Free Naloxone kits that were available for individuals to take home*

# Thank You

We would like to express our gratitude to all our community members who have been so generous in their donations!

- Cahill's for their truckload of winter wear donations!
- Soroptimist Peterborough and Kingan Home Hardware for their X mas stockings and gifts
- Kirk from Foodland and to Kate Loew for donating food items to our pantry



Donations to the Elizabeth Fry Society are so important and they help our team to continue doing the work we do.

There are several ways to donate. You can donate using the [Canada Helps link](#), complete the Form below and send us an e-transfer, or you can go old school and send us a cheque. All donations are greatly appreciated! E-Transfer details are: [info@efryptbo.org](mailto:info@efryptbo.org). Please set the password to **efry150**.

Donor Name

Phone

Address

City

Postal Code

E-mail address

Please make cheques payable to Elizabeth Fry Society  
150 King St. 4th Floor K9J 2R9 Peterborough, ON

Charity Number: 129863379 RR0001

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