

Issue #20

THE ELIZABETH FRY SOCIETY OF PETERBOROUGH

NEWSLETTER

November 2020



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NEW Online programs

Call for donations

ph: 705.749.6809
TF: 800.820.7384

email: info@efryptbo.org
fax: 705.749.6819

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Updates

COVID-19 Pandemic: We are OPEN for drop-in support

Our office is OPEN for drop-in during regular office hours. Please note that all other appointments and counseling services are being offered by phone remotely. In order to ensure safety, masks will be worn by staff. Clients who chose to drop in will be required to complete a COVID-19 screening form, sanitize their hands and wear a mask. We have hand sanitizers and masks available for clients!

Clients are welcome to access programming and counseling 1:1 over the phone. We can be reached remotely at the following numbers:

E Fry office: **705-749-6809**

Toll Free: **800-820-7384**

Text: **705-559-0763**

Bail Verification and Supervision Program:

Peterborough: **705-808-5680**

Lindsay: **705-559-1225**

SUAP Program: **705-768-0792**

Office Hours: Mon-Thurs. 9am-4:30pm
Closed: Friday

Please note that as per provincial guidelines, you will be required to wear a mask during your visit to the office. Masks are available for clients to wear. You will also be asked to complete a COVID-19 screening form.

Board Members

Please join us in welcoming some of our new Board Members

NATALIE EPHGRAVE

My name is Natalie Ephgrave. I am very excited to be sitting on the board for EFry! I am currently an Addictions Counsellor in Peterborough, with 8 years experience in various social service agencies including E-Fry in 2016, working as a Bail Supervisor. I am currently completing my Bachelor of Professional Arts in Human Services and spend all my free time having adventures with my young son.



'Tis the Season!

Cheese Sales

It's that time of the year again! Once again, we will be running our cheese fundraiser. We will be selling Empire Cheese gift boxes online through our website. Follow the three steps to place your order.

1.

Go onto our website: www.efryptbo.org. Click on the "Cheese Order Form" Tab.

2.

Submit Order Form.

3.

Pay via email transfer to info@efryptbo.org.



Thank you for your donation and making a difference. Now go eat some cheese...you deserve it!

someecards
user card



Programs now available Online!

In response to COVID-19, we prepared to move many of our programs to an online platform to better support our clients virtually. The platform will allow clients to access and complete the program material on a flexible schedule with additional support from staff.

We are excited to announce that now all of our programs are available online!

Our programs are: Anger Solutions, Taking Control: Making Healthy Relationship Choices, Wellness & Self Esteem, Goal Setting & Stress Management , Women & Integrity: Solutions for Theft, Fraud, and Breach of Trust. I

If you would like to register for the program or if you would like more information, please email Annessa at annessa@efryptbo.org, or call 705-749-6809.



United Way Raffle

Once again, we participated in the United Way fundraiser from November 2, 2020 to November 13, 2020.

Thank you to all those who participated this year!

Congratulations to ASHLEY HYNES , this year's winner! We hope you enjoy your \$100 gift certificate to Hi Ho Silver! Don't spend it all in one place!



United Way
Peterborough & District
uwpeterborough.ca

hi ho
Silver

Tans ID Clinic at Peterborough Community Legal Centre!

Our friends over at the Peterborough Community Legal Centre have some exciting news to share!

TRANS ID CLINIC PILOT PROJECT

THIS IS A REMOTE SERVICE THAT OFFERS FREE LEGAL SUPPORT FOR PEOPLE WHO WOULD LIKE ASSISTANCE WITH LEGALLY CHANGING THEIR NAMES AND/OR GENDER MARKERS ON GOVERNMENT IDENTIFICATION.

Call the Peterborough Community Legal Centre at (705) 749-9355 if you have any questions or would like to schedule an intake appointment.

ELIGIBLE PARTICIPANTS WILL HAVE THE COST OF THEIR APPLICATIONS COVERED

PCLC welcomes your feedback about how this project could be more trans-positive and non-judgemental. We care about your experience.

Call for Donations

Check out our QR code Wish list for donations.

Additional wishes:

Gift cards, ie. grocery, Tim Hortons

Monetary donations

Free McDonald's® Coffee Cards

Bus passes

Adult clothing

Winter wear



Thank You

A huge thank you to the Elementary Teachers' Federation of Ontario for their \$500 donation!



Donations to the Elizabeth Fry Society are so important and they help our team to continue doing the work we do.

*There are several ways to donate. You can donate using the [Canada Helps link](#), complete the Form below and send us an e-transfer, or you can go old school and send us a cheque. All donations are greatly appreciated! E-Transfer details are: info@efryptbo.org. Please set the password to **efry150**.*

Donor Name

Phone

Address

City

Postal Code

E-mail address

Please make cheques payable to Elizabeth Fry Society
150 King St. 4th Floor K9J 2R9 Peterborough, ON

Charity Number: 129863379 RR0001

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