

Issue #18

THE ELIZABETH FRY SOCIETY OF PETERBOROUGH

# NEWSLETTER

September 2020



*Remembering the lives lost...*  
**pg. 4 Opioid epidemic rages on**



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## Courts Resume Virtually during COVID-19



### Ontario Court of Justice

Although the courthouse remains closed for the public, court matters have now resumed virtually, which means that all individuals who have matters before the courts are expected to attend court via teleconference or Zoom. We are available to provide support for our clients with their virtual court appearance. Please refer to the [OCJ website](#) for more information.



Our Court Program continues to provide support to self-identifying women who have charges before the courts. We continue to accept self referrals, as well as referrals from court personnel (i.e., Duty Counsel, Crown, etc) and social service providers.

Clients are welcome to call and discuss how we can support them through their court matter. The Court Case Manager/Court Support Worker can be reached Monday-Friday at [705-559-0763](tel:705-559-0763) (call or text).

## Updates

### COVID-19 Pandemic: We are OPEN for drop-in support

Our office is OPEN for drop-in during regular office hours. Please note that all other appointments and counseling services are being offered by phone remotely. In order to ensure safety, masks will be worn by staff. Clients who chose to drop in will be required to complete a COVID-19 screening form, sanitize their hands and wear a mask. We have hand sanitizers and masks available for clients!

Clients are welcome to access programming and counseling 1:1 over the phone. We can be reached remotely at the following numbers:

E Fry office: **705-749-6809** Toll Free: **800-820-7384**

Text: **705-559-0763**

#### Bail Verification and Supervision Program:

Peterborough: **705-808-5680**

Lindsay: **705-559-1225**

SUAP Program: **705-768-0792**

**Office Hours: Mon-Thurs. 9am-4:30pm**  
**Closed: Friday**



Please note that as per provincial guidelines, you will be required to wear a mask during your visit to the office. Masks are available for clients to wear. You will also be asked to complete a COVID-19 screening form.

## Welcome to our new Students!



#### **ELYSSA:**

Elyssa here! I am on placement from Fleming College where I'm a dual-student completing diplomas in Social Service Work and Mental Health & Addictions. I've also started courses at Trent towards Sociology this fall. My work experience until now has been in office administration in the manufacturing sector, so I feel like I have finally found my calling and my people and I'm on the path to create new success! I'm excited to be here at EFry and look forward to connecting with you!

#### **MICHELLE:**

I am a dedicated Community Developmental Social Worker with experience serving the community, resolving conflicts, and providing guidance for those in need. I am strongly committed to serving disadvantaged youth and adults, including homeless, emancipated youth and special needs population of all races or cultures. I am a strong team player that works collaboratively with other professionals and with culturally and ethnically diverse populations to develop effective action plans.

In my spare time I like to paint with oil paints, discover a new favourite song, promote metal bands and watching thriller comedy movies, helping rescued animals-as well as cheering people up and making them laugh.

I am excited to start new adventures at my placement with Elizabeth Fry Society I am happy to be part of a team and ready to learn and grow with them.

## International Overdose Awareness Day

This year surpassed the previous year in deaths related to overdose. As a community, we have become so preoccupied with the COVID-19 pandemic that we have forgotten about the opioid epidemic which continues to rage on and take the lives of the most marginalized in our community. We need to continue efforts to raise awareness on the opioid epidemic and support agencies that provide harm reduction and counseling services. The stigma against addiction needs to end so that those who use substances can feel safe and comfortable accessing harm reduction and counseling services in their community.

### Did you know?

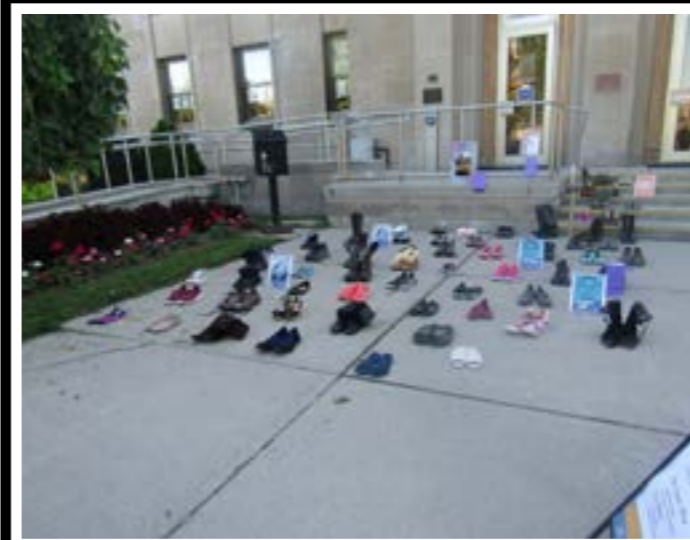
There have been 34 deaths related to suspected drug overdoses this year.  
4 of which have occurred this September.



We will be lighting a candle in our office to grieve the clients we have lost and to remember their contribution to our lives. We are so thankful to our clients for granting us the privilege of hearing their stories. We continue to be inspired by their resiliency.

*So, thank you to all of our dear clients. Thank you for allowing us to be a part of your journey.*

August 31, 2020 was International Overdose Awareness Day. On this day, members of our Substance Use and Abuse Support Program (SUAP) attended an event at City Hall to remember those who lost their lives to overdose.



# Harm Reduction and Naloxone Program @E FRY

**Now** more than ever, it is important to have harm reduction supplies and Naloxone available for service users. We are grateful to be able to provide this service. The Elizabeth Fry Society of Peterborough, through “A Different Approach – Substance Use and Addiction Peer Support Program” is now able to dispense Naloxone kits and safer use supplies to service users!



Deanna (Health Promoter) at Peterborough Public Health provided an in-depth training session for our Peer Workers regarding the dispensing of Naloxone. The Elizabeth Fry Society is now stocked with Naloxone kits, and are able to provide the kits at the main office, through outreach in the community, and at the hospital.



Carolyn (Harm Reduction Coordinator) from PARN presented a Harm Reduction 101 training for our Peer Workers and staff, which discussed the different safer use supplies available to be given to service users. Our staff through this training, are now able to stock and dispense these supplies at the main office, as well as through outreach in the community. Peers will be equipped with supply “kits”, as well as individual pieces.

[You do not need to be a client of Elizabeth Fry Society of Peterborough in order to receive Naloxone or safer use supplies from us!](#) Please contact Chelsey, Program Coordinator for A Different Approach at 705-768-0792 for more information.



*THANK YOU TO DEANNA AND CAROLYN FOR TRAINING OUR STAFF!*

# Thank You

Volunteers are a driving force of our agency, we are so appreciative of everything our volunteers do for us at E Fry and we are always looking for more volunteers to assist with Bingo. We also want to thank Delta Bingo for their continued support of local charities and our ongoing partnership. If you're interested in getting involved, please contact the office at 705-749-6809 or email us at: [info@efrytbo.org](mailto:info@efrytbo.org).



Donations to the Elizabeth Fry Society are so important and they help our team to continue doing the work we do. There are several ways to donate. You can donate using the [Canada Helps link](#), complete the Form below and send us an e-transfer, or you can go old school and send us a cheque. All donations are greatly appreciated! E-Transfer details are: [info@efrytbo.org](mailto:info@efrytbo.org). Please set the password to **efry150**.

Donor Name	Phone
Address	City
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Please make cheques payable to Elizabeth Fry Society  
150 King St. 4th Floor K9J 2R9 Peterborough, ON

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