

NEWSLETTER

August 2020

Sterile, single use safer injection and safer inhalation supplies are key preventing transmission of blood borne viruses and bacteria that could lead to infection.

EVERYTHING

NEW

EVERY TIME

YOU USE PAGE 6

HARM REDUCTION SUPPLIES AND NALOXONE

Now available at the E FRY office during regular office hours

LOCATED ON 150 KING ST. 4TH FLOOR

OFFICE HOURS:

Monday-Thursday

9am-4:30pm

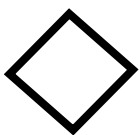
Closed on Fridays



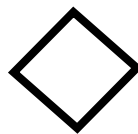
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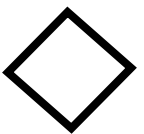
Updates



Meet the SUAP Team



HR and Naloxone Program



ph: 705.749.6809
TF: 800.820.7384

email: info@efryptbo.org
fax: 705.749.6819

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Updates

COVID-19 Pandemic: We are now OPEN for drop-in

Our office is now OPEN for drop-in during regular office hours. Please note that all other appointments and counselling services are being offered by phone remotely. In order to ensure safety, masks will be worn by staff. Clients who chose to drop in will be required to sanitize their hands and wear a mask. We have hand sanitizers and masks available for clients!

Clients are welcome to access programming and counseling 1:1 over the phone. We can be reached remotely at the following numbers:

E Fry office: **705-749-6809** Toll Free: **800-820-7384** Text: **705-559-0763** SUAP Program: **705-768-0792**

Bail Verification and Supervision Program: Peterborough: **705-808-5680** Lindsay: **705-559-1225**

Please note that as per provincial guidelines, you will be required to wear a mask during your visit to the office. Masks are available for clients to wear.



Office Hours: Mon-Thurs. 9am-4:30pm
Closed: Friday

Court Support during COVID-19

Despite the court closure due to COVID-19, our Court Program continues to provide support to women who have charges before the courts. We continue to accept referrals from court personnel (i.e., Duty Counsel, Crown, etc) as well as social service providers.

During COVID-19, we have supported clients by providing up to date information regarding their court dates, advocated for lesser sentences, completed programming over the phone, supported clients in resolving their matter, as well as providing information on how to obtain their disclosure.

Clients are welcome to call and discuss how we can support them through their court matter. The Court Case Manager/Court Support Worker can be reached at [705-559-0763](tel:705-559-0763) (call or text).



Court Support now available in Lindsay!



Ontario Court of Justice

The Elizabeth Fry Society of Peterborough is proud to announce that it will now be offering Court Case Management services to the Lindsay area. This would include advocacy and support for women involved in the criminal justice system. Services available to clients are: advocacy, counselling, programming, information regarding court process and much more.

For referrals or if you need more information you can contact Bakhtawar Riaz, Court Case Manager at [705-559-0763](tel:705-559-0763).



PROFILE: SUAP Peer Workers!

We are super excited to welcome new staff to E FRY as part of our new Substance Use and Abuse Peer Support Program! Here's a chance to get to know some of them!

Welcome to all our SUAP Peer Workers!

Ryan Robertson
Caitlin Raftis
Abby Obress
Kathrine Williams

Alana Parisien
Patrick Fox
Shannon Robinson

RYAN ROBERTSON

Aaniin/Boozhoo;
My name is Ryan Robertson, and I am an Indigenous man with lived experience in addictions. I have a background education in Social Service Work, and a focus on healing through a holistic lens. I am new to the Elizabeth Fry Society and I am excited to be apart of the Different Approach team.
Miigwetch.

**CAITLIN RAFTIS**

I have been a part of the recovery community for five years and believe in a holistic approach to healing from the pain and suffering of addiction. I've been through multiple recovery programs and respect that everyone's road to recovery is different. I lived overseas in New Zealand for several years and I also lived in British Columbia as well as Saskatchewan before returning home to Ontario. I enjoy meeting new people, celebrating culture, and sharing stories. I have a background in education and currently work in the field of counselling psychology. I look forward to assuming the role of a peer support worker and giving back to the Peterborough community.

KATHRINE WILLIAMS

Kathrine has lived experience and recovery from both addictions and mental health issues. On top of a solid foundation of psycho-spiritual practice, Kathrine's recovery includes a deep focus on relationships of all kinds from dysfunction to healthy interdependence.

ALANA PARI SIEN

Hello, my name is Alana. I have recently been blessed with the position of Peer Support Worker at EFRY! I am incredibly excited to be a part of this community and the "A Different Approach" addictions program. When I think back on my own experience within the systems and supports in Peterborough that I tried to wade through while actively using substances, it was supportive peers in some stage of recovery that really helped me to connect to a will to live a better life for myself. This fuelled a passion within me to help others with similar experiences to bridge gaps and make connections surrounding substance use and the many facets of challenges that can come with it. I am truly blessed to put my personal and professional experience into a career that advocates and supports something I am so passionate about, with real evidence of success in making a difference for those who struggle with substance use.

**PATRICK FOX**

Patrick has over 10 years of experience in the addiction and mental health field. After obtaining an undergrad in Psychology from Trent, he is presently working at completing a Masters degree focusing on investigating treatment modalities for substance use. Patrick has a passion for helping marginalized populations, and those experiencing issues with mental health and substance use. Being previously connected with Elizabeth Fry Society through working for the Bail Verification and Supervision Program, he heard about the SUAP grant and reached out to see where he could be of service to hopefully add to success of this program.



Harm Reduction and Naloxone Program @E FRY

We are excited to announce that Elizabeth Fry Society of Peterborough's "A Different Approach – Substance Use and Addiction Peer Support Program" is now able to dispense Naloxone kits and safer use supplies to service users!



Deanna (Health Promoter) at Peterborough Public Health provided an in-depth training session for our Peer Workers regarding the dispensing of Naloxone. Elizabeth Fry Society is now stocked with Naloxone kits, and are able to provide the kits at the main office, through outreach in the community, and at the hospital.



Carolyn (Harm Reduction Coordinator) from PARN presented a Harm Reduction 101 training for our Peer Workers, which discussed the different safer use supplies available to be given to service users. Our Peer Workers, through this training, are now able to stock and dispense these supplies at the main office, as well as through outreach in the community. Peers will be equipped with supply "kits", as well as individual pieces.

You do not need to be a client of Elizabeth Fry Society of Peterborough in order to receive Naloxone or safer use supplies from us! Please contact Chelsey, Program Coordinator for A Different Approach at 705-768-0792 for more information.

THANK YOU TO DEANNA AND CAROLYN FOR TRAINING OUR NEW STAFF!



Thank You

Volunteers are a driving force of our agency, we are so appreciative of everything our volunteers do for us at E Fry and we are always looking for more volunteers to assist with Bingo. We also want to thank Delta Bingo for their continued support of local charities and our ongoing partnership. If you're interested in getting involved, please contact the office at 705-749-6809 or email us at: info@efryptbo.org.



Thank you to our placement students from Durham College: Beth and Megan, for all their hard work!

Donations to the Elizabeth Fry Society are so important and they help our team to continue doing the work we do. There are several ways to donate. You can donate using the [Canada Helps link](#), complete the Form below and send us an e-transfer, or you can go old school and send us a cheque. All donations are greatly appreciated! E-Transfer details are: info@efryptbo.org. Please set the password to **efry150**.

Donor Name	Phone
Address	City
Postal Code	E-mail address

Please make cheques payable to Elizabeth Fry Society
150 King St. 4th Floor K9J 2R9 Peterborough, ON

Charity Number: 129863379 RR001

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