

Elizabeth Fry Newsletter

FALL 2016

WITH FUNDING FROM:





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Keep up to date on recent E Fry news! Look for us on Facebook and Twitter.





Rebel With a Cause: Honouring Patricia Zimmer

The Elizabeth Fry Society of Peterborough was proud to honour Patricia Zimmer as our second Rebel with a Cause. In 2015, we recognized long-time supporter Linda Slavin. This year, we honoured Patricia Zimmer, Executive Director of the Elizabeth Fry Society of Peterborough from 2011 to 2015.

Patricia passed away in August of this year. She was a source of strength for the agency, and made an immeasurable difference in the lives of our staff and clients. We took the opportunity on September 14th at the Peterborough Rugby Clubhouse to recognize Patricia for being a fearless advocate for women in the Peterborough area.

The event was a fundraiser for the Elizabeth Fry Society of Peterborough. It was an amazing night featuring Catherine Hanrahan as our MC, spoken word by Niambi Leigh, music by Carling Stephen, and was catered by SKH Events & Catering Co. We were joined by Patricia's family, friends, and EFry supporters and would like to thank everyone who attended and contributed. Special thanks to our Board of Directors for organizing this event to help us recognize the work of this amazing woman, and thank you to the many contributors to our silent auction and draws.



Elizabeth Fry Society of Peterborough Staff Changes



Abigail McCue, our admin assistant, moved on to a position in Curve Lake as Human Resources Coordinator. We wish her all the best! EFry is proud to welcome Correen Day as our Court Support Worker. She is an invaluable addition to the team and we're excited to have her on board! We also happily welcome Danielle Sage as group facilitator.

It has been a difficult year of transition in losing Patricia Zimmer, and she is sincerely missed. We have been grateful for support from the community and our Board of Directors. Staff continues to work under Patricia's belief that everyone holds the capacity for change. This transition has been smoother with Debbie Carriere's hard work stepping in to the role of Acting Executive Director.

Message from Debbie Carriere, Acting Executive Director

This has been a year of significant change and continued growth at the Elizabeth Fry Society of Peterborough. In April of this year our Executive Director, Patricia Zimmer, resigned due to illness. Our success carrying forward is due to the thorough records left by an Executive Director who developed a model for funding and fundraising that will carry this agency for many years to come. A debt of gratitude will always be owed to Patricia Zimmer for reviving this agency and creating an environment that could succeed even after she left the position.

We have been growing and expanding our services over the past 5 years and I have to say that we are doing amazing things with and for the women who need our services. The staff rallied and have been able to continue deliver quality services in our community with the continued support of our Board that has been instrumental in meeting our goals.

At EFry we strive to offer services to all women in our community who are experiencing distress or who may benefit from added support in their lives. We do this through programming, groups, and a safe space to drop by. We have a

special focus of our services on assisting women in conflict with the law. We are active in the Criminal Courts advocating for community interventions that have a lasting impact on the women who use our services, empowering them to make changes in their lives by addressing the underlying issues that contributed to conflict with the law. By offering marginalized women the safe community connections, and programming to support them as they journey through the most difficult circumstances we are able to make lasting differences in the lives of people who are struggling.

We continue to have support from the United Way and contracts with the Ministry of Correctional Services. In 2015/2016 we have been fortunate to receive support from a number of community foundations and groups including the Soroptomist, the McLean Foundation, Pilkington Henninger Charitable Trust, and J.P. Bicknell Foundation. This broad cross-section of support speaks to the widespread belief in the value of the services we provide. We participate at Delta Charity Bingo and receive financial support from them and we average four Tag Day weekends/year.



We also collaborated with the Kawartha Sexual Assault Centre, who received a 2 year grant from the Status of Women to complete a needs assessment. We partner regularly with the Employment Planning and Counselling Peterborough and Agilec, providing training/mentoring opportunities that benefit both our agencies. We work closely with other local social agencies in order to create effective diversions and treatment plans that will be successful in getting women the help and support they need and reduce their rate of recidivism.

As we head into the next fiscal year, our ongoing struggle will be to find and maintain funding to ensure that the programs and services that we currently offer can continue and that we can respond to the growing/changing needs of the women in our community.

AGM 2016

On Thursday June 30th, 2016 the Elizabeth Fry Society of Peterborough held their Annual General Meeting at Community Living. This year featured a potluck lunch provided by Board Members and staff.

We would like to acknowledge that Susan Jones, Board Treasurer, resigned from the Board of Directors this year. We would like to thank Susan for her contributions for the past four years and wish her well.

New Board Members

The board of directors is a policy board comprised of committed and enthusiastic individuals who are knowledgeable in law, risk management, financial management and resource development.



We are excited to welcome Martha Sullivan, Frances Wilbur, and Louisa Norris to our Board of Directors.

Volunteer Opportunities

Volunteers are a driving force of our agency, we are so appreciative of everything our volunteers do for us at E Fry and we are always looking for more volunteers. We're currently looking for volunteers to assist at **Delta Bingo** and for our upcoming **Tag Days** in Dec 2016.

Thank you to our volunteers and community businesses for your continued support and helping to make our Tag Days a success! We also want to thank Delta Bingo for their continued support and our ongoing partnership.

If you're interested in getting involved, please contact the office at 705-749-6809 or email info@efryptbo.org.

Twohey Home Furniture Store Event

Thank You to Twohey Home Furniture Store for hosting "An Evening of Wine & Design" on May 26th, 2016 in collaboration with local designer Jennifer Hickey-Hinan. It was a fun-filled night with food, prizes, and friends. Thank you to Hi Ho Silver and Jewel Just Fine Wines for donating items for the silent auction!

We are so grateful to have strong supporters in the community. Proceeds from this event went towards supporting the Elizabeth Fry Society of Peterborough.

Visit Twohey's today at **129 Aylmer St. N** (705) 748-9551

Working Together: EPC & Agilec

We have continued our relationship with Employment Planning & Counselling & Agilec this past year, working together to provide valuable work experience for individuals accessing employment services. E Fry has been able to provide three work placement opportunities this year.





The Elizabeth Fry Society would like to thank EPC & Agilec for their continued support of our organization and for supporting our community.

Donate Your Shoppers Points!



Donate your Shoppers Optimum Points to support local charities! The Elizabeth Fry Society of Peterborough uses points donated by our generous supporters to buy supplies needed to support our clients.

Visit www.shoppersdrugmart.ca/en/optimum for more information. Once there, you can search for Elizabeth Fry Society of Peterborough to donate.

As always, your support is greatly appreciated!

Upcoming Programs - 2017

Self-Esteem

Start Date: January 17th - March 7th, 2017

June 6th - July 25th, 2017 Tuesdays: 1-3 (8 weeks)

Anger Solutions

Start Date: January 19th - March 9th, 2017

June 8th - July 27th, 2017 Thursdays: 1-3 (8 weeks)

Wise Women: Skills for Everyday Living

Start Date: March 28th - May 16th, 2017

Tuesdays: 1-3 (8 weeks)

Taking Control: Making Healthy Relationship Choices

Start Date: March 30th - May 18th, 2017

Thursdays: 1-3 (8 weeks)

Substance Use Program & Women & Integrity Program Available Individually



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Phone: 705-749-6809
Toll free: 1-800-820-7384
Fax: 705-749-6818
E-mail: info@efryptbo.org









Donations to the Elizabeth Fry Society are so important and they help our team to continue doing the work we do. Please follow the Canada Helps link in the Help Us section of the newly designed Elizabeth Fry website or detach the donation form below to donate today. All donations are greatly appreciated!

I would like to help the women in our community who are supp I would like to donate \$25 \$50 \$100 Oth	, , ,	
This information will be used to issue your tax receipt. Please print clearly.		
Donor name:	Phone:	
Address:	City:	
Postal Code: Email:		
Please make cheques payable to Elizabeth Fry Society 223 Aylmer St N, Peterborough, ON K9J 3K3 I am interested in becoming an E Fry Volunteer		
or donate online at www.efryptbo.org	I would like to become a voting member of E Fry	