

Issue #13



THE ELIZABETH FRY SOCIETY OF PETERBOROUGH

NEWSLETTER

FEBRUARY 2020



REBEL *with a* CAUSE

March 11th, 2020

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What's New

Current Programs

We launched two new programs starting this new year, which so far, have been a tremendous success!

Stay & Play: Drop-in Support Group



Wednesdays from 1-3pm, starting January 15

Motherhood can be lonely. Join us for our Stay and Play Drop-In Support Group starting January 15, 2020 from 1-3pm. This group allows mothers of children aged newborn to 3 the opportunity to connect with other mothers who are facing similar life challenges. **Contact Annessa** at the Elizabeth Fry Society for more information.

Story Telling Workshop

Wednesdays from 1 to 3pm—Join anytime!

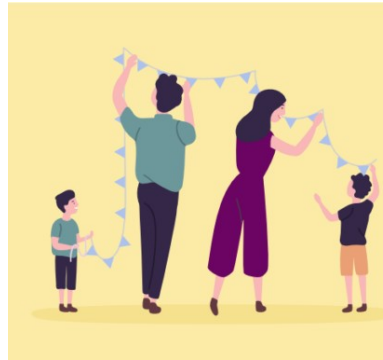
We are excited to announce our newest workshop, **The Art of Storytelling**. This workshop will teach participants how to transform their life story into art. Led by theatre artist, Peyton Le Barr, these group sessions will encourage ways of expression through creative writing, acts of sharing, and exercises in taking up space.

Have you ever thought about turning your life into a one woman show? Perhaps you would rather quietly write your thoughts down without sharing? This workshop suits all levels of interest in expression and there is no required level of sharing.

Workshops will run weekly and it is not mandatory to attend all sessions, but consistent attendance is encouraged as the work we explore will build upon previous exercises as we progress.

Peyton is a theatre artist, producer, and activist. As an actor, Peyton has worked in the UK, Russia, and all over Canada and has performed lead roles on such acclaimed stages as Shakespeare's Globe. She also once led a protest flashmob that stormed the National Theatre with over 200 participants dancing for women's rights.

Parenting Skills Workshops



Thursdays from 1-3pm, starting January 16, 2019

Our Parenting Skills Workshop will be offered in six workshops, each focusing on teaching skills such as creating routines, child nutrition, budgeting, and building bonds with our children. Registration is

not required and participants are welcome to attend as many workshops as they like. A letter of participation will be given to participants.



Healing from Within Art Group



Healing From Within is a group program which focuses on non-death related losses that women may have faced and allows participants to express their grief through art classes provided through the Peterborough Art Gallery. All materials are provided. This group has been a great success so far.

Drop-in Art Group

Led by a Peer Facilitator, the weekly Art Drop-in group supports women in expressing their creativity through various forms of art expression. Check out some of the art work completed by our participants! **Mondays at 1-3 pm.**



You're Invited!

Join us for our annual Rebel with a Cause fundraiser event!

Wednesday March 11th, 2020

@ Canadian Canoe Museum

5-8 pm

Tickets available on Eventbrite

Events

Polar Plunge

The dynamic and super *cool* team at E Fry once again participated in the Bel Rotary Polar Plunge! A huge THANK YOU to staff and volunteers who took the dip, and to all those who supported our team through donations.



2020 E Fry Staff and Volunteers taking the plunge!

Agape Cafe



Thank you to Agape Café for hosting a fundraiser to support E Fry. E Fry staff and Board enjoyed the music of Danny Bronson at the Grace United Church.

Upcoming Events

Education Event- Shifting Power: Changing our Conversation about Women in the Criminal Justice System

Shifting Power:
Changing our Conversation about Women in the Criminal Justice System

Date: February 25, 2020 **Doors Open:** 8:30 am
Location: The Event Space Trent University Student Centre
1680 West Bank Dr, Peterborough, ON K9J 7B8

**Admission is FREE but space is limited. Lunch provided.
Register by email at info@efrytbo.org**

9 am - 10:15 am **Liz Stone** - Academic Chair of Indigenous Perspectives Fleming College
The over-representation of women in the criminal justice system as a result of the colonial values underlying Canadian criminal laws, policies and practices. 

10:15 am - Noon **Dr. Gillian Balfour** - Trent University
Co-presenter Rachel Fayter, PhD student, University of Ottawa
A Feminist View of the Punishment and Imprisonment of Women in Canada. 

1 pm - 2:15 pm **Professor Dawn Moore** - Carleton University
Anti-carceral Feminism and Penal Abolition: Leaving our white eyes behind and learning from the global south. 

2:30 pm - 3:45 pm **Emilie Coyle** - Executive Director of the Canadian Association of Elizabeth Fry Societies (CAEFS)
An overview of our National Office and Regional Advocacy Work with a focus on "Human Rights in Action". 

 **Community Foundation**
of Greater Peterborough

 **COMMUNITY FOUNDATIONS OF CANADA**

 **TRENT UNIVERSITY**

 **Elizabeth Fry Society of Peterborough**

 **EQUALITY FUND**

 **Canada**

Date: February 25, 2020

Location: The Event Space Trent University Student Centre:
1680 West Bank Dr. Peterborough ON

Doors Open: 8:30 am

Our education event will feature 4 speakers who will discuss the over-representation of women in the criminal justice system, feminist views of punishment, and prison abolition. This event will take place on February 25, 2020 at Trent University. Check out our Facebook page for more info.

Rebel with a Cause

Rebel with a Cause
 An Elizabeth Fry Society of Peterborough Fundraiser
March 11th, 5:00 - 8:00pm
the Canadian Canoe Museum

Honouring three outstanding Peterborough women engaged in gender and criminal justice issues

An evening gala with live music, food, silent auction, cash bar, spoken word & awards

Tickets on Eventbrite or Facebook

Email debbie@efryptbo.org for more info






Lynn Zimmer



Ximena Murchadh



Deb Gillis

Mark your calendars and save the date! This year's Rebel with a Cause will take place at the Canadian Canoe Museum on **March 11th, 2020! Check out our Eventbrite for tickets!**

Rebel with a Cause is our annual fundraiser where we honour three local women who have demonstrated advocacy and action to address issues of criminalization, challenged practices in the criminal justice system to make them more equitable, and/or worked towards making changes toward gender equality.

This year, we are honouring three outstanding women in our community:

Lynn Zimmer– former Executive Director of YWCA

Deb Gillis– former Police Sergeant Court Services

Ximena Murchadh– Local advocate and peer leader

For a limited time, we will be selling E Fry scarves created by Erin Brekke Conn, international painter and artist. The scarves are her paintings made into wearable art

Scarves are \$40 each and are made to order. To place an order, or for more info, email: info@efryptbo.org



Updates

Staff Changes

We would like to welcome Cassy to the E Fry Team who is joining us as the BVSP Court Worker!

We are Hiring!

We currently are accepting applications for two positions in the Bail Verification and Supervision Program (BVSP). Deadline to apply is March 12, 2020 by 4pm.

BVSP Indigenous Court Worker

BVSP Court Worker-Lindsay

Visit our website (www.efryptbo.org) for more info and how to apply.



E Fry staff are thankful to Nogojiwanong Friendship Centre for their training on Cultural Awareness. All our staff benefited greatly from this training.

Thank you

Volunteers are a driving force of our agency, we are so appreciative of everything our volunteers do for us at E Fry and we are always looking for more volunteers. We are currently looking for volunteers to assist at **Delta Bingo for our Friday afternoon shift, 12 to 3pm**



We also want to thank Delta Bingo for their continued support of local charities and our ongoing partnership.

If you're interested in getting involved, please contact the office at 705-749-6809 or email info@efryptbo.org.

Donations to the Elizabeth Fry Society are so important and they help our team to continue doing the work we do. Please follow the Canada Helps link in the Help Us section of the newly designed Elizabeth Fry website or detach the donation form below to donate today. All donations are greatly appreciated!

I would like to help the women in our community who are supported by the Elizabeth Fry Society of Peterborough.

This information will be used to issue your tax receipt. Please print clearly.

Donor name: _____ Phone: _____

Address: _____ City: _____

Postal Code: _____ Email: _____

Please make cheques payable to **Elizabeth Fry Society**
223 Aylmer St N, Peterborough, ON K9J 3K3

THANK YOU FOR YOUR DONATION!

Charitable Number: 129863379 RR0001

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